



International RI Symposium  
**Benefits & Conditions of Sports  
regarding Health and Participation  
of People with Disabilities**

**16<sup>th</sup> of August 2018  
09:00 am**

With following opportunity to participate in the opening ceremony  
and opening game of the Wheelchair Basketball World Championships.

**Hotel Grand Elysée Hamburg  
Rothenbaumchaussee 10  
20148 Hamburg, Germany**

Contact: [ri-sports-symposium@vbg.de](mailto:ri-sports-symposium@vbg.de)

Registration: [www.vbg.de/ri-sports-symposium](http://www.vbg.de/ri-sports-symposium)



Organizing partners:



## Programme:

(subject to change)

08:30 Registration

09:00 Welcome speeches and programme presentation

- *Ingrid Körner, Government Coordinator for equality of disabled people of the Free and Hanseatic City of Hamburg*
- *Roy O'Shaughnessy, RI-Global (Vice-President, Europe)*

### Session 1: The scientific evidence of the benefits of sports

09:30 From the perspective of health

- *Prof. Dr. Thomas Abel, Vice Head Institute of Movement and Neurosciences, German Sport University Cologne*

09:55 From the perspective of participation

- *PhD Anne Merete Kissow, Senior Lecturer, Danish Disability Sport Information Centre*

10:20 Coffee break

### Session 2: Measures for health promotion and injury prevention for sportsmen with disabilities

10:50 Behavioural and environmental prevention

- *Birgit Juul-Kristensen, Associate professor, Head of Centre for Research in Adapted Physical Activity, Department of Sports Science, University of Southern Denmark*

11:15 Injury and Illness Surveillance as a tool to develop prevention strategies in Disabled sports

- *Katharina Faßbender, Albert-Ludwigs-University Freiburg, Clinic for Orthopedics and Trauma Surgery*

11:40 Lunch

### Session 3: How to initiate physical activities and sports

12:40 How to support people with disabilities in finding the right sports

- *John Petersson, President of Parasport Denmark, former President of the European Paralympic Committee*

13:05 Perspectives and limitations of inclusive sports (Norwegian perception)

- *Mads Andreassen, Head of Activity Development of the Norwegian Olympic and Paralympic Committee*

### Session 4: Inclusive Sports – conditions and best practice

13:30 Practical examples of an inclusive sports club

- *Stefan Schenck, Vice-President of the Association for Disabled- and Rehabilitation-Sports, Berlin*

13:55 Examples of Inclusive Sports Provision

- *Alan Walsh, Coordinator of No Limits – Inclusive Sports Club, London*

14:20 Closing words and future cooperation in RI Commission on Leisure, Recreation and Physical Activities

14:50 End of the event / Coffee

15:15 **Departure to the opening ceremony and opening game of the Wheelchair Basketball World Championships by shuttle service**