

## Advancing the rights and inclusion of people with disabilities worldwide

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## FACT SHEET: COMMISSION ON LEISURE, RECREATION & PHYSICAL ACTIVITIES

## **Purpose/ Mission:**

Rehabilitation International's Commission on Leisure, Recreation & Physical Activities (LRPA) promotes the right for an interactive lifestyle for people with disabilities in educational, physical, social and cultural activities. The primary aim of the commission is to develop and promote best rehabilitation practice and knowledge for all stakeholders to achieve accessibility for all people in the field of physical, social and cultural activities.

Generally, the Commission promotes the implementation of the UN Convention on the Rights of the Persons with Disabilities with a special emphasis on Article 30 by:

- Developing and disseminating best practice in the LRPA for persons living with disabilities and elderly people.
- Creating rehabilitation networks for all stakeholders with an interest in LRPA.
- Ensuring that persons with disabilities have access to sporting, recreational and tourism venues.
- Supporting people with disabilities finding the right activities to suit their potential.
- Encouraging the participation of persons with disabilities in mainstream sporting activities at all levels.
- Promoting an active lifestyle. The field of LRPA can provide an important contribution to health, participation and rehabilitation of people with disabilities.
- Promoting the benefits of sports in rehabilitation context.
- Developing cooperative relationships with international organizations.